

The association between dairy intake and risk of acute myocardial infarction and mortality in patients with stable angina pectoris

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Nutrients rich

- Calcium
- Riboflavin
- Vitamin B12
- Protein

Major source of saturated fat

- Low-fat dairy recommended

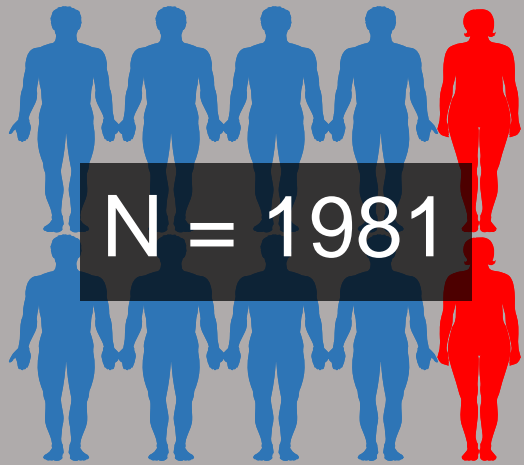


Varying effect on blood lipids

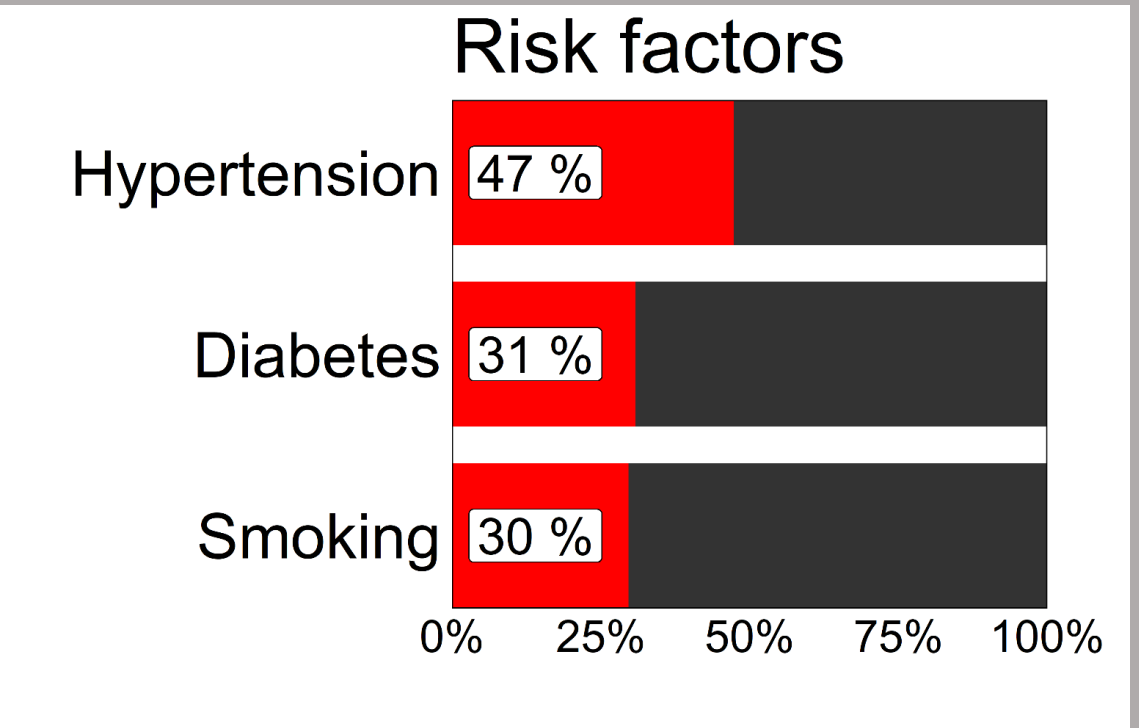
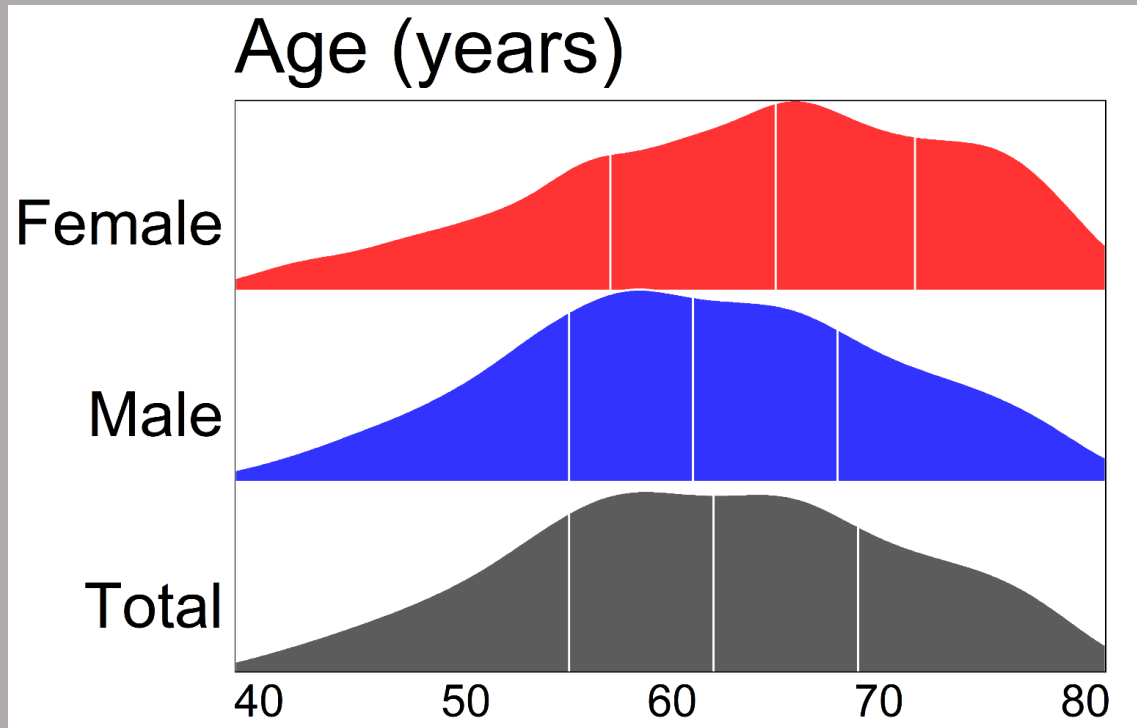
Inconsistent associations with clinical outcomes

- Cheese

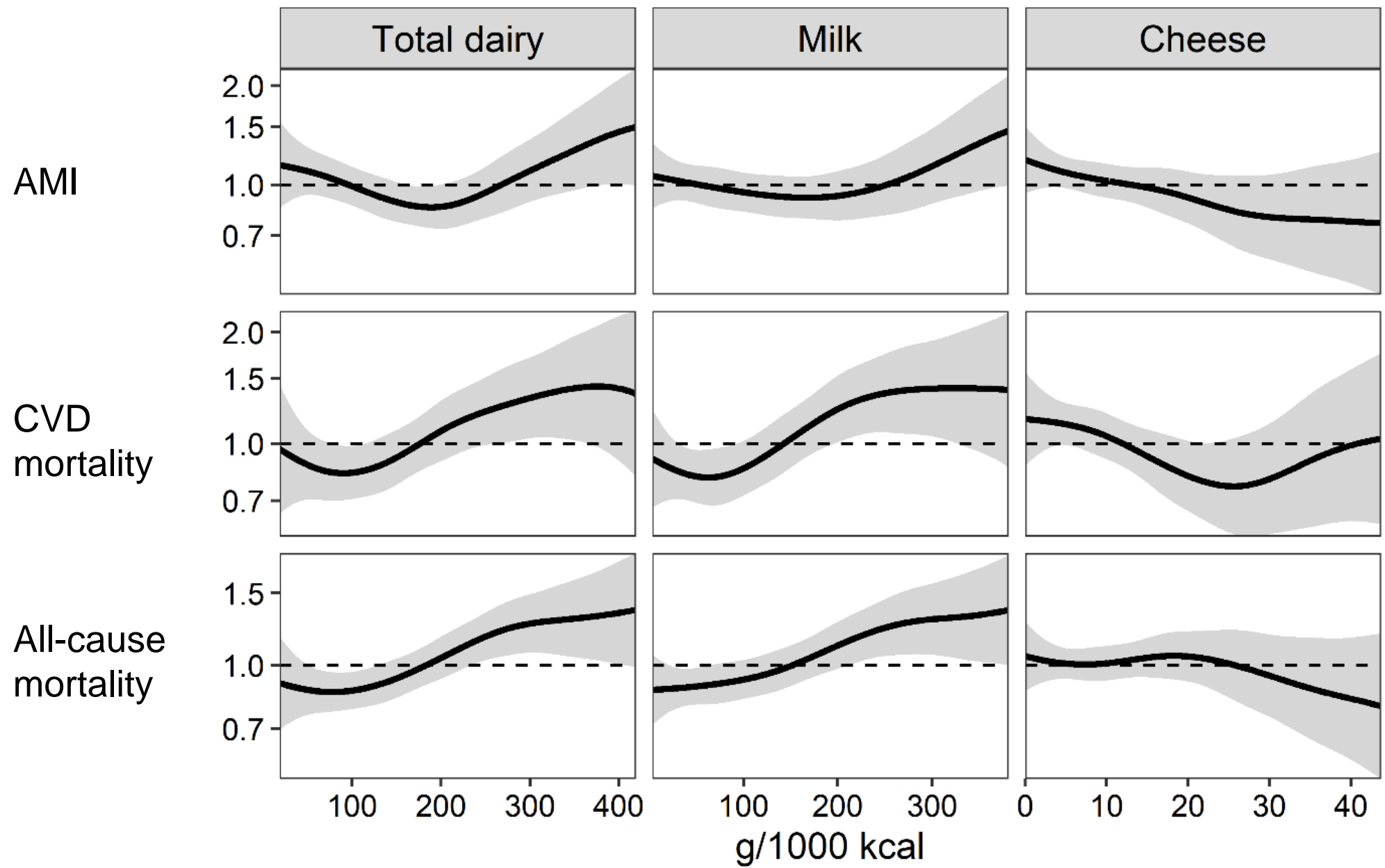
Primarily data from healthy populations



AMI
CVD mortality
All-cause mortality



Risk associations



Models adjusted for age and total energy intake